I Am So Grateful

I am so grateful for bones for joints for knees

I am so grateful for the feet that carry me.

I am so grateful for tissue skin for hair

I am so grateful for every organ in my care.

I am so grateful for the hand that grasps my cup

And holds on tight but can let go if need be.

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Written by Joyce Gedeon Thursday, 10 July 2008 20:20 -

I am so grateful for ample strong and sturdy muscles

That wrap up this package called me.

I have gratitude for every part of me

Including that which is not seen.

Every cell and in between create the symphony of me.

Thank you

All of me